# RULES OF EMOTIONAL DISPLAY TOWARDS AUTHORITY FIGURES: CULTURE AND DENMARK

Berta Vishnivetz, Ph.d.
The National Danish School of Social Work,
Copenhagen
Henriette Svendsen, MA
Dep. of Psychology, University of Copenhagen

#### Definition

➤ Display rules (Ekman & Friesen, 1969) are rules learned early in childhood that help individuals manage and modify their emotional expressions depending on social circumstances.

### Background

➤ This study is part of a larger study (Matsumoto et al., in print 2005), that aims to measure cross cultural variations in display rules of emotions.

#### Aim

➤ To present preliminary Danish results regarding display rules towards authorities (father, mother, male and female, older professors (old means in this context above 50 years): more specifically to what extent emotions are expressed towards authorities.

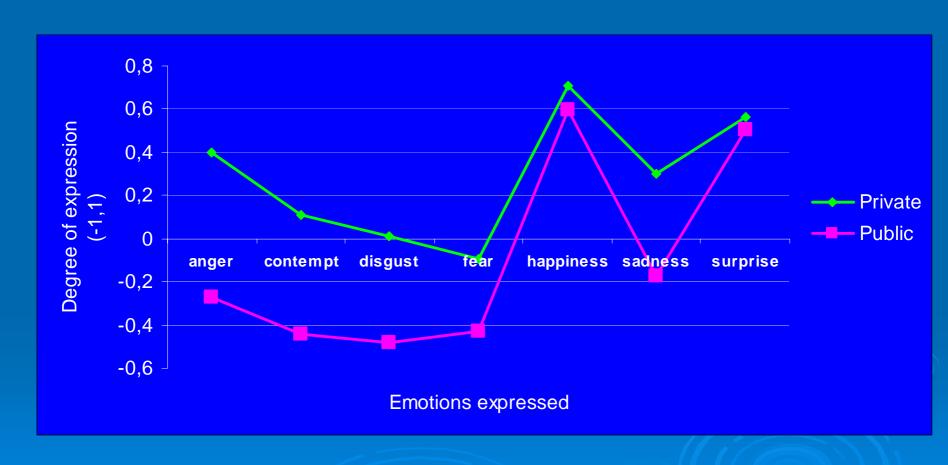
### Method: A Questionnaire Study

- A modified version of the Display Rule Assessment Inventory (DRAI) (Matsumoto et al., 1998) were filled out by 61 university students
- Respondents were asked to select what kind of behavioural response would occur if they felt a given emotion in interaction with five different types of people:
  - themselves, family, friends/acquaintances, fellow students and professors.
- Respondents were asked to rate their behavioural responses with regards to seven different emotions:
  - anger, disgust, contempt, sadness, happiness, surprise and fear
- > The ratings were done in two different settings:
  - private and public
- The ratings were operationalised into different ways in which expressions of emotions are modified (expression, amplification, de-amplification, neutralization, masking, and qualification) of which we will present the extent to which the person expresses the emotion as he or she feels it (expression).
- The data were analyzed using a mixed model analysis of variance with gender as a between subject variable and situation, emotion type and subject as repeated measures.

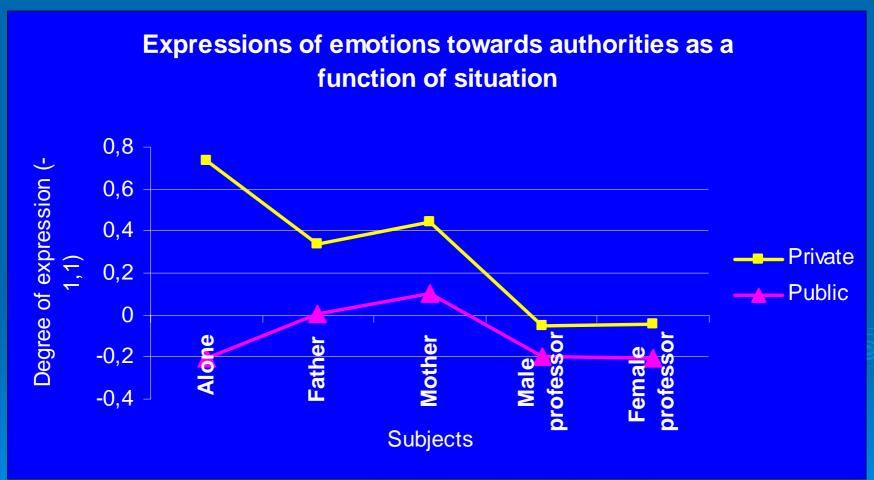
### Does gender influence expressions of emotion towards authorities?



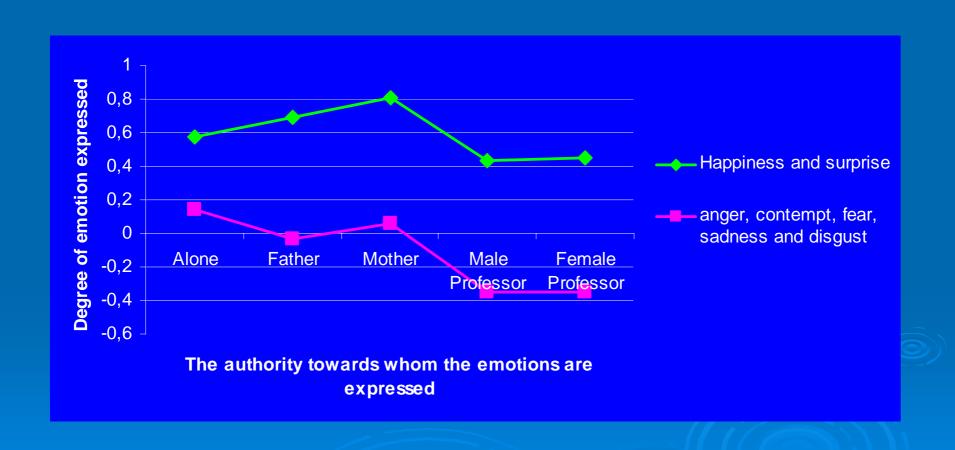
### Is expressions of emotion affected by setting (Private vs. Public)?



## Does the setting, influence the expression of emotion towards authorities?



### Are types of emotions differently expressed towards authorities?



### Summary and conclusion

- These results indicate that the degree in which expressions of emotions towards diverse authorities figures vary depending on the situations in which they arise
  - 1. Men express less fear than women, but otherwise there is no overall difference between men and women.
  - 2. Emotions are expressed more in private than in public, especially so for negative emotions and emotions directed at oneself.
  - 3. Negative emotions are shown less and less towards authorities, compared to positive emotions.

#### Discussion

➤ To fully appreciate the findings of this study, they should be placed in the context of the forthcomming crosscultural survey from Matsumoto, Yoo et al., (in print 2005)

### Thank you for listening!